

## A Day in the Life of a Graduate Nurse

Working in an Aged Care facility by RN Jordan Garrett & RN Amy Holton

Time	RN & Team Leader Duties	Health Care Worker/AIN Duties
0600	Receive handover	Receive handover
0610	Check notes/emails Delegate tasks to HCW's throughout shift	Care staff - Resident hygiene needs
0615	TL - Medication rounds	
0630	Wounds TL - Topical creams applied	
	TL - Eye drops	
0815	BGL's/insulin TL - Assisting with RN insulin round	
0830	Breakfast for residents Entering wounds into system Liquid S8's	Assisting with breakfast
0900	Morning tea break	Morning tea breaks start on rotation
0930	Booking QAS, pathology	Continue with personal hygiene and assist residents to activities. Toileting needs
	Incident Reporting	
	More wound dressings. TL starts obs/weigh round	
	Post fall observations/documentation TL attends pharmacy order	
1000	Health Assessments TL Medication round	
	S8 patches	
	Care Plans reviewed 4 monthly	
	Doctors' rounds	
	Attending to resident queries	
1200	TL - Pre-lunch medication round Follow up appointment bookings and organising transport/escorts	Care staff - assist with lunch
	TL - Lunch med round Attend to family queries or contact families after doctors rounds for any changes	
1230	Lunch break	Lunch breaks on rotation
1300	Start documentation and update handover	Assist residents to toilet and general hygiene needs
1400	TL Medication round	
1430	Documentation	
1445	Handover	Handover
1500	Home time	Home time

Additional duties at Aged Care Organisations could also include, updating Clinical Pathways, programming Syringe Drivers for Palliative Care Patients, inserting urinary catheters, IV fluids management